



GERIATRIC PRO FORMA

Demographic data :

Full Name :

Age :

Gender :

Occupation :

Ward :

Date of admission :

Date of surgery :

Date of assessment :

Address :

Phone number :

Chief complaints :

Complaint	Site	Duration	Progression

History of present illness :

Differential diagnosis :

Pain history :

- Site :
- Onset :
- Duration :
- Type :
- Character :
- Aggravating Factors :
- Relieving Factors :
- Intensity by NPRS or VAS :
 - On Activity:
 - At Rest:

Past history :

- Past Medical -
- Past Surgical -
- Drug History -
 - Medications taking
 - Drug allergy

Social history :

- Social interactions -
- Family members -
- Friends -
- Caregivers -

Economic history :

- Status-
- Financial dependence-

Family history:

Personal history:

- Appetite-
- Sleep-
- Narcotic addiction-
- Alcohol addiction-
- Bowel-
- Bladder -

Environment history:

- Physical layout of living area
- Flooring
- Railings
- Width of door
- Accessibility from home to outside services

Physical Examination :

General Examination :

Objective	Subjective
Blood pressure : Temperature : Pulse rate : Respiratory rate :	Built : Nutrition : Pallor : Icterus : Clubbing : Cyanosis : Lymphadenopathy : Thyroid swelling : Oedema : Rheumatic nodules : Petechial haemorrhage : Osler nodes :

Systemic examination:

- **Musculoskeletal examination :**

- **Range of motion :**

- Joints involved-

Movement	Right		End feel	Left		End feel
	Active	Passive		Active	Passive	
Flexion						
Extension						
Abduction						
Adduction						
Internal Rotation						
External Rotation						

Interpretation-

- **Manual muscle testing -**

Group of muscle	Right	Left

Interpretation-

- **Individual muscle testing -**

Muscle name	Right	Left

Interpretation-

- **Nervous System Examination :**

- Higher Functions : **Mini Cog Assessment Scale**
- Consciousness -
- Behaviour -
- Intelligence -
- Memory -
 - Short Term -
 - Long Term -
- Orientation -
 - Time -
 - Person-
 - Place -
- Hallucinations or Delusions -
- Speech -
- Emotional status - **Geriatric Depression Scale**

- **Sensory System :**

- Superficial Senses
 - Touch -
 - Temperature -

- Pain -
- Deep Senses
 - Position -
 - Joint sense -
 - Vibration -
- Cortical Senses
 - Tactile Localization -
 - Tactile Discrimination -
 - Stereognosis -
- **Reflexes :**
 - Graded
 - Absent (--)
 - Depressed (+)
 - Normal (++)
 - Brisk (+++)
 - Clonus (++++)
 - Superficial
 - Plantar -
 - Abdominal -
 - Deep
 - Biceps -
 - Triceps -
 - Supinator -
 - Finger flexion -
 - Knee -
 - Ankle -

- **Respiratory System Examination :**

- Respiratory Movements
 - Respiratory Rate -
 - Rhythm -

- Character - A-T , T-A, A, T
 - Equality -
 - Use of accessory muscles of respiration -
 - Shape of Chest
 - AP and Transverse Diameters Ratio -
 - Chest movements-
 - Chest excursion
 - Anterior -
 - Posterior -
 - Chest expansion
 - 2nd Intercostal space -
 - 4th Intercostal space -
 - 6th Intercostal space -
- **Cardiovascular System Examination :**
 - **On palpation :**
 - Apex beat -
 - **On percussion :**
 - Left border -
 - Upper border -
 - Right border -
 - **On auscultation :**
 - Heart sounds-
- **Functional status:**
 - Basic and self care ADLs
 - Instrumental ADLs
- **Balance and Gait examination**
 - **Modified POMA scale**

Investigations :

Provisional diagnosis :

International classification of Functioning, Disability and Health :

Impairments :

Body Structure	Clinical Reason	Body Function	Clinical Reason

Activity limitations :

Basic	Instrumental

Participation restrictions :

Personal	Social	Economic

Contextual factors :

Buffers	Barriers

Goals :

Sessional :

Short Term :

Long Term :

