



## ORTHOPEDIC PRO FORMA

### **Demographic data :**

Full Name :

Age :

Gender :

Dominance :

Ward :

Date of admission :

Date of surgery :

Date of assessment :

Address :

Phone number :

### **Chief complaints :**

| Complaint | Site | Duration | Progression |
|-----------|------|----------|-------------|
|           |      |          |             |

### **History of present illness:**

### **Differential diagnosis :**

## **Pain history :**

- Site :
- Onset :
- Duration :
- Type :
- Character :
- Aggravating Factors :
- Relieving Factors :
- Intensity by NPRS or VAS :
  - On Activity:
  - At Rest:

## **Family history :**

## **Past history :**

- Past Medical -
- Past Surgical -

## **Socioeconomic history :**

- **Modified Kuppaswami Scale :**

## **Environmental history :**

- Work -
- Home -

## **Personal history :**

- Appetite-
- Sleep-
- Narcotic addiction-
- Alcohol addiction-
- Bowel-
- Bladder -

## History of hospitalization:

- No of admissions -
- Duration of each admission -
- Investigations done -
- Diagnosis -
- Drugs given -
- Advised surgery / intervention -

## Physical Examination :

### General Examination :

| Objective   | Subjective  |
|---|---|
| Blood pressure :<br>Temperature :<br>Pulse rate :<br>Respiratory rate : | Built :<br>Nutrition :<br>Pallor :<br>Icterus :<br>Clubbing :<br>Cyanosis :<br>Lymphadenopathy :<br>Thyroid swelling :<br>Oedema :<br>Rheumatic nodules :<br>Petechial haemorrhage :<br>Osler nodes : |

## **Local examination :**

- **Wound examination-**

- Site-
- Length-
- Colour-
- Temperature-

- **Suture examination-**

- Site-
- Length-
- Temperature-

- **Tenderness-**

- Site-
- Grade-

- **Oedema/swelling-**

- Site-
- Pitting/Non Pitting -
- Grade

## **Orthopedic Examination :**

- **Posture assessment -**

- Anterior view -
- Lateral view -
- Posterior view -

- **Gait assessment -**

- Deviations -

• **Limb girth measurement-**

|                     | <b>Right</b> | <b>Left</b> | <b>Difference</b> |
|---------------------|--------------|-------------|-------------------|
| <b>Above knee :</b> |              |             |                   |
| <b>3"</b>           |              |             |                   |
| <b>6"</b>           |              |             |                   |
| <b>9"</b>           |              |             |                   |
| <b>Below knee :</b> |              |             |                   |
| <b>3"</b>           |              |             |                   |
| <b>6"</b>           |              |             |                   |
| <b>9"</b>           |              |             |                   |

Interpretation-

|                      | <b>Right</b> | <b>Left</b> | <b>Difference</b> |
|----------------------|--------------|-------------|-------------------|
| <b>Above elbow :</b> |              |             |                   |
| <b>2"</b>            |              |             |                   |
| <b>4"</b>            |              |             |                   |
| <b>6"</b>            |              |             |                   |
| <b>Below elbow :</b> |              |             |                   |
| <b>2"</b>            |              |             |                   |
| <b>4"</b>            |              |             |                   |
| <b>6"</b>            |              |             |                   |

Interpretation-

• **Limb length measurement-**

|                  | <b>Right</b> | <b>Left</b> | <b>Difference</b> |
|------------------|--------------|-------------|-------------------|
| <b>True</b>      |              |             |                   |
| <b>Apparent</b>  |              |             |                   |
| <b>Segmental</b> |              |             |                   |

Interpretation-

• **Q angle measurement-**

| <b>Right</b> | <b>Left</b> |
|--------------|-------------|
|              |             |

Interpretation-

- **Range of motion :**

- Joints involved-

| Movement  | Right  |         | End feel | Left   |         | End feel |
|-----------|--------|---------|----------|--------|---------|----------|
|           | Active | Passive |          | Active | Passive |          |
| Flexion   |        |         |          |        |         |          |
| Extension |        |         |          |        |         |          |
| Abduction |        |         |          |        |         |          |
| Adduction |        |         |          |        |         |          |
| Internal  |        |         |          |        |         |          |
| Rotation  |        |         |          |        |         |          |
| External  |        |         |          |        |         |          |
| Rotation  |        |         |          |        |         |          |

Interpretation-

- **Manual muscle testing -**

| Group of muscle | Right | Left |
|-----------------|-------|------|
|                 |       |      |

Interpretation-

- **Individual muscle testing -**

| Muscle name | Right | Left |
|-------------|-------|------|
|             |       |      |

Interpretation-

- **Special tests :**

- **Functional Outcome Measure :**

- Barthel Index

**Investigations :**

**Provisional diagnosis :**



# International Classification of Functioning, Disability and Health:

Impairments :

| Body Structure | Clinical Reason | Body Function | Clinical Reason |
|----------------|-----------------|---------------|-----------------|
|                |                 |               |                 |

Activity limitations :

| Basic | Instrumental |
|-------|--------------|
|       |              |

Participation restrictions :

| Personal | Social | Economic |
|----------|--------|----------|
|          |        |          |

Contextual factors :

| Buffers | Barriers |
|---------|----------|
|         |          |

## Goals :

Sessional :

Short Term :

Long Term :